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winter home 09

WOOLWORTHS . BIG W . SUPA IGA . AMC CINEMAS + 80 SPECIALTY STORES  
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enjoy.

WHAT'S ON  
HOME DECORATING  
CLEANING - EASE THE PAIN  
COOKING WITH KIDS

## welcome to the winter edition of enjoy

There's nothing more inviting than a cosy home when the winter chill bites, which is why we've filled this edition with tips and advice on cooking, cleaning and redecorating the home.

Those who are looking for a warm place to escape to during the school holidays should check out our school holiday program. You'll find a great mix of entertainment for children of all ages. Plus, you must remember to check out the recently refurbished Supa IGA store during your next visit. You'll be pleasantly surprised by the difference.

We've been overwhelmed by the number of visitors we've had to our new website – [www.staffordcity.com.au](http://www.staffordcity.com.au) – so if you haven't already visited we encourage you to do so. You'll find centre news and information as well as special offers.

**Best wishes from the Centre Management Team**

## extra services for you

- **JP Signing Centre** outside Supa IGA, available every **Tuesday & Thursday 12pm – 4pm**
- **FREE** wheelchair hire from Centre Management on presentation of I.D.
- **FREE** shaded parking all year long
- **Join** our popular seniors club for great benefits
- **Regular** updates on [www.staffordcity.com.au](http://www.staffordcity.com.au)

## ENJOY school holidays

### COOL COMPANIONS

The Cool Companions display brings Australian native wildlife from the outside to the in and includes cute (and ugly) reptiles and marsupials, even a few feathered friends.

**WHEN** 29 June – 4 July  
**TIME** 10am – 2pm  
(talks at 11, 12 & 1)  
**WHERE** Outside Supa IGA  
**COST** FREE

### JOLLY JAMS CIRCUS WORKSHOP

Children may be signed into the workshop for 40 mins of fun & laughter, while the Jolly Jams teach an array of circus skills, including; juggling, hula-hooping, basic acrobatics & clown school.

**WHEN** 6 July – 11 July  
**TIME** 11am & 1pm daily  
**WHERE** Outside Supa IGA  
**COST** FREE

## have you seen the all new Spano's Supa IGA?

Grocery shopping has never been easier at the newly refurbished Spano's Supa IGA Stafford. With longer aisles, greater range and the addition of a Bakery and Seafood department, you're sure to find what you are looking for.

These days, it is now even more important to find value for money and nutritional products. Storewide daily specials are sure to save you money while the new International and Gluten Free range will tantalize the taste buds.

Spano's Supa IGA Stafford opened its doors to eager locals on **Tuesday 19 May**. Frank Spano, General Manager, says "The feedback from the local shoppers has been fantastic, no one can believe this is the same store. They love the new fitout and range."

Although bigger and better, you will still find the same great IGA hospitality with friendly customer service operators and the opportunity to give back to the community by purchasing IGA Community Chest products. **Also, Wednesday is Pension Discount Day and pensioners are entitled to a 5% discount.**

Next time you are in the Centre drop by and see for yourself. We are sure you will be pleasantly surprised.





## Tips for the home decorator

1. Room dividers or screens can be used to create 'zones' in a room, increase privacy or hide clutter.
2. Repainting is one of the least expensive things you can do yet it has a profound & immediate impact.
3. Furniture covers create an impressive new look for an old piece of furniture.
4. Changing old handles on draws and cupboards will work wonders in your kitchen.

Loot Homewares; Lamp \$149.95, Giraffe \$199, Cushions \$34.50, Chair \$199

## big impressions!

Introduce a new home decorator piece to a room in your home and no matter how large or small the new piece is, you'll make a world of difference to the room's look and feel.

Loot Homewares not only has a unique range of home decorator pieces available, the staff are ready to share their experience and help you to create the look you want.

**Nathan, the Manager at Stafford Loot Homewares, suggests using warm colours in cool months and cool colours in warmer months to decorate and change the look of a room.**



## brighten your home on a budget

1. Use candles to introduce an air of romance to your bedroom.
2. Scatter colourful cushions to brighten up your couch.
3. Open up a small space by hanging an inexpensive mirror on the wall.



Bargain City; Barstools \$39.95 were \$59.95, 40cm x 40cm assorted cushions \$9.95 each



Katrina: Manager, Bargain City

## gifts for the home

Gifts of Stafford carry a beautiful range of quality gifts.

Call in & see Chris so she can show you their snug, Alluring Linen Chenille Throws, pampering Crabtree & Evelyn Body Products & be tempted by their Australian made Darrell Lea Chocolates.



Gifts of Stafford; Throw \$39.95, Soaps \$8.95 each, Handtowel set \$16.95, Tea for One \$49.95

## cleaning – ease the pain

Cleaning can be a thankless task – it's one that most of us avoid if we can.

Take away the pain by spreading your cleaning chores across your week instead of doing them all on one day. For example, dust on Monday, clean toilets on Tuesday, scrub showers and baths on Wednesday, vacuum on Thursday, and sweep and mop floors on Friday. It means you only have to find a few minutes each day instead of a few hours on the weekend.

### BAGLESS VACUUM CLEANERS

- PRO's** - You don't have to buy disposable bags.
- Dirt is easily disposed of.
  - You can see how much dirt your vacuum is picking up.
- CON's** - Most bagless vacuum's have non washable filters that must be replaced once a year or so (approx \$30). So the trick is to buy a vacuum that has washable filters.
- Can lose suction if your filter gets clogged.
  - Can be very messy when you have to empty the chamber.

### VACUUM'S THAT USE BAGS

- PRO's** - There is little to no mess when you empty them (just pull the bag out & replace).
- Filtration is generally better (can benefit people with allergies).
- CON's** - You have to continually pay for disposable bags.
- As the bag gets full you will lose suction. (change the bag before it gets full, to avoid this)



The Vacuum Shop; Samsung Twin Chamber \$599, PIRANHA Force \$299



## cooking with kids

Start by asking them what they'd like to make as it improves their sense of ownership and their willingness to help. Read the recipe together, get their help to measure the ingredients and encourage them to take control when the mixing begins.

Of course, it's important to put safety first when cooking with kids. For example, kids can cut if they use plastic knives, they can also shape cookies if the cutters are plastic and they can handle warm cooked cakes if the bakeware is silicone.

The more you encourage your children to participate and experience the joy of cooking, the more they'll love what they eat.



Angus & Robertson; Delicious Cupcakes Tin \$14.99 (storage tin, 96 page recipe book, 4 measuring spoons), Home Baking Tin \$16.99 (storage tin, 80 page recipe book, cupcake cases). **Silicone Bakeware from Prices Plus;** Cake pan \$3.99, Loaf Pan \$3.99, Baking mat \$3.99, Muffin pan \$6.99

## chocolate butterfly cakes

Makes 12

### INGREDIENTS

125g / 4½ oz soft tub margarine  
125g / 4½ oz caster sugar  
150g / 5½ oz self raising white flour  
2 large eggs  
2 tbsp cocoa powder  
25g / 1 oz plain chocolate, melted  
Icing sugar, for dusting

### FILLING

85g / 3 oz butter, softened  
175g / 6 oz icing sugar  
25g / 1 oz plain chocolate, melted

Preheat the oven to 180c. Put 12 paper baking cases in a bun tray, or 12 double-layer paper cases on a baking tray.

Put the margarine, sugar, flour, eggs and cocoa powder in a large bowl and, using an electric hand whisk, beat together until just smooth. Beat in the melted chocolate. Spoon the mixture into the paper cases, filling them three-quarters full.

Bake the cupcakes in the preheated oven for 15 minutes, or until springy to the touch. Transfer to a wire rack and leave to cool.

To make the filling, put the butter in a bowl and beat until fluffy. Sift in the icing sugar and beat together until smooth. Add the melted chocolate and beat together until well mixed.

When the cupcakes are cold, use a serrated knife to cut a circle from the top of each cake and then cut each circle in half. Spread or pipe a little of the butter cream into the centre of each cupcake and press 2 semi-circular halves into it at an angle to resemble butterfly wings. Dust with sifted icing sugar before serving.

Source: *Delicious Cupcakes*, by Susanna Tee page 44