

## Assisted living

A caring, supportive environment

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### Respite Services for carers

Caring for someone can be hard work – whether it's something you do for a few hours each week or it's your fulltime job.

Respite provides you with the freedom to take a break – it's a positive experience for you and the person you care for.

Our staff are friendly, respectful and appropriately skilled to offer dignified respite to people living with chronic illness, frailty or disability. Their compassion offers real peace-of-mind and means you can take a break without guilt, fear or concern.

We provide two types of respite – in-home and residential.

#### In-home respite

We recognise that it's often the little things that make a big difference. Our in-home respite service provides help with transport, shopping, showering and meal preparation. We can also provide companionship to the person you care for, for a period of time.

With our in-home respite service, you can choose to take a break for a few hours a week or overnight. Contact one of our respite services to discuss your needs and circumstances.

**Northern Region**  
Brookvale NSW 2100  
Tel: 02 9936 7988  
Email: [admin.adsnorth@wesleymission.org.au](mailto:admin.adsnorth@wesleymission.org.au)

**Southern Region**  
Miranda NSW 2228  
Tel: 02 9525 2122  
Email: [admin.adssouth@wesleymission.org.au](mailto:admin.adssouth@wesleymission.org.au)

**Inner West Region - Commonwealth Respite & Carelink Centre**  
Tel: 1800 052 222  
Email: [admin.adsinnerwest@wesleymission.org.au](mailto:admin.adsinnerwest@wesleymission.org.au)

#### Respite in our residential homes

There are many reasons to access respite in our assisted living residential homes. The person you care for might need a change of scenery, more companionship than you can currently provide, or additional support to recover and return to independent living. Whatever the reason, the person you care for, while in respite with us, will be very well supported. This leaves you free from worry and able to take the time you need to recharge.

Entry into residential respite begins with an assessment by the Aged Care Assessment Team – they are part of the Australian Government Department of Health and Ageing. In most cases, a person can have up to nine weeks (63 days) of respite a year. However, if the ACAT thinks it is necessary, extensions of up to 21 days at a time are possible

**Contact the home** of your choice to discuss your needs and circumstances.

View our photo gallery. ▶

#### Frank Vickery Lodge

▶ View our site plan [122 KB PDF]

#### R E Tebbutt Lodge

▶ View our site plan [84 KB PDF]

#### Hoban House

▶ Read our brochure [843 KB PDF]  
▶ View our site plan [83 KB PDF]

#### H C Foreman Lodge

▶ Read our brochure [577 KB PDF]  
▶ View our site plan [83 KB PDF]

#### W G Taylor Village

▶ Read our brochure [686 KB PDF]  
▶ View our site plan [83 KB PDF]

#### R J Williams Lodge

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▶ View our video on YouTube  
▶ View our site plan [144 KB PDF]